My team and I have just closed our 10,000th case this month – that's 10,000 people whose lives have been made easier because they reached out to my office to ask for support. Helping people is my favourite part of the job and I will keep on being a voice for the people of North Norfolk at home and in Westminster on the issues that matter to them.

I have long campaigned for banking hubs for our towns and villages and I was pleased to open North Norfolk's first permanent bank hub this week. The hub will give the people of Holt access to banking services where they live and work, with more banking hubs planned for North Walsham and for Cromer in the very near future. Essential services like these are crucial to the success of our independent businesses and I'll keep campaigning for them to keep our local economy growing.

Many of my constituents have written to me about their concerns around digital ID and I will keep raising the issue in Parliament and making their voices heard. I have made it clear to the government that many of them are anxious about being forced to use digital ID and that making it mandatory will cause exclusion in my constituency. While there are some benefits to digital ID, the choice to use it – or not – should always be ours and I'll keep pressing the government for answers on how they plan to implement it in a way that works for the residents of North Norfolk.

I have heard the concerns of residents about the noise that is being created by RAF and American fighter jets performing manoeuvres over populated residential areas and I have raised the issue with the Ministry of Defence and have made them aware of the issues that residents are facing – from hearing loss to traumatised pets and disruption at work. There is no reason why the training cannot take place off shore over the North Sea where it will have less of an impact on our communities. The MoD has promised to look at the possibility of revising training schedules to minimise disruption and I look forward to updating you on the progress of these changes.

As we've hit that 10,000 number this month, I want to remind you how powerful it is when we work together to solve the issues that impact us the most. Whether that's fighting to save the paramedics on bikes service in Wells so that they can provide emergency help this Winter, or tackling service providers to deliver faster, more reliable broadband so that our small businesses can thrive – every voice matters.

As always, if there's anything that my team and I can support you with, please get in touch.

Steff Aquarone
North Norfolk MP